

## **MEDITATIONS FROM MARCH 2018 SUNDAY BULLETINS**

### **NOW I SEE**

March 4, 2018

Rev. Janet Friedline

All of us are familiar with the five senses that belong to our human nature. We tend to judge by what we see, hear, taste, touch or smell. And if we can't know something in this way, we are tempted to doubt its existence. Our ability to "see" may refer to our human eye sight, but it can also describe our ability to perceive and understand. When we struggle over the meaning of something, and clarity is revealed, we are heard to exclaim "now I see," meaning "now I get it."

The Bible speaks of the eye divine. This is the eye that discerns spiritually, the one that looks beyond the appearance to the reality of being. Truth reveals the eye divine to be the "I Am presence" that Moses spoke of. "I Am" is our sense of identification, and when we claim spirit as our identity, it is said that we perceive with the "I" divine. Truth is revealed in the soul of man. When we turn within for guidance and direction, we receive what is sure and absolute. We may truly say "before, I was blind, but now I see." Let this be our realization.

### **RESTING IN ONENESS**

March 11, 2018

Rev. Janet Friedline

A common complaint is that we are too busy. We are so busy doing "things" that we do not have time to do what we would like to do. At least that is what we say. Much of our "busyness" involves meeting the responsibilities and obligations we have taken on as our daily experience. And, I admit, at times it can be a little overwhelming. And yet, I am also reminded that much of our activity takes place in our head, thinking non-stop, cluttering our reasoning with "what if" and "why not."

Have we forgotten how to "rest?" Have we considered what it would be like if we would stop the chatter in our heads, and rest from thought? The Bible tells us there is a place of serenity in us that invites us to enter in and be still. When we find the solitude in us, we rest into ourselves, releasing all that does not belong to this holy place. There is a state of consciousness not disturbed by the daily routine. The invitation is "come unto me and I will give you rest." Let us do so, and be at peace.

### **FREELY SOW AND FREELY REAP**

March 18, 2018

Rev. Donna Gatewood.

Often it seems that we put more into life than we get out of it and we bemoan the fact that life just doesn't seem fair. Of all the spiritual laws, the most accessible and clear to us is the law of cause and effect.

A wonderful description of the law of cause and effect was given to us by Jesus when He said, “Do you not say, ‘There are yet four months, then comes the harvest?’ I tell you lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor.”

Within the entire experience of every person’s life there are “fields” in which we live and work. Examples of these fields are the roles we fulfill such as wife, husband, parent, teacher, and so on. “Sowing” refers to the thought, feeling, energy, prayer, and effort we put into these fields. “Reaping” refers to the results we “harvest” from each of these areas of our life experience.

In this lesson we are taught that if we really lift up our eyes and look on the various areas of our life experience, we find there is always some good available to us.

**March 25, 2018**

**Palm Sunday**

**There is no meditation due to holiday.**