

MEDITATIONS FROM JULY 2015 SUNDAY BULLETINS

FREEDOM TO EXPRESS

July 5, 2015

Rev. Janet Friedline

Each of us has some idea of what it means to be “free.” Some of us wish to be free from something, while others wish to be free to do something. Either way, the desire is to express in a way that we are not currently able to do. Something is keeping us from realizing our dreams and ambitions and we wish to be free of the restriction. The question is “who places restrictions and who sets limitations?” Is it something outside our control, or the result of what we have put into place?

True freedom will not be found in the world of expression. Decisions and determinations are made in consciousness and it is there that we find our freedom. The Bible verse reminds us that “if the Son therefore shall make ye free, ye shall be free indeed.” Christ knows neither restriction nor limitation. Christ is not governed by the laws of time and space. Christ lives under the grace of God and when we know us as Christ, we will do the same.

BE OF GOOD COURAGE

July 12, 2015

Rev. Donna Gatewood

When your life appears to be in turmoil and your thoughts and emotions are overcome with doubt, fear and anxiety, and you are feeling lost and alone, listen to the still small voice that is ever saying, “Be strong and of good courage, fear not, nor tremble before them; for the Lord your God who goes with you; he will not fail you, nor forsake you.”

Christ in the center of your being is your Life. The Christ within you says, “I am with you, unchanging and eternal. I am the source of your peace, the anchor of your stability. I am that in you that is strong and steadfast. I am the overcoming power in you and I show you the way, the Truth and the Life. With me you can meet any challenge, changing condition and circumstance. You can rise up with courage and faith. You can go forward in confidence and joy. With me all things are possible.”

Turn within to the loving Christ and hear the still small voice say, “Peace! Be Still!” “Fear not; for I am with thee; be not dismayed; for I am thy God...”

THE LESSON

July 19, 2015

Rev. Maria Borrero

Life Eternal is ours right this minute regardless of where we are in consciousness. There are people who go from one job to another, from one relationship to another, from one religion to another only to find themselves over and over again in the same place seeking to know God.

There is one lesson for us to learn. This one lesson is that there is only God and nothing else. We already live and move and have our being in God and with God. In Genesis 14:20 it says, "and blessed be the most high God, which hath delivered thy enemies into thy hand."

In John 1; we are told "That which was from the beginning, which we have seen with our eyes, which we have looked upon, and our hands have handled, of the Word of life..." The Word of God is God in action. Remember the soldier who told Jesus, "Just say the word and my servant will be healed." The Word of life is eternal. We must learn our lesson. Let us take time to sit quietly, contemplating God and the things of God. Then we need to abide in His Silence for then our Father God will teach us, so that we not only learn our lesson, but learn to live our lesson and then we will return to God's glory, His Kingdom. Amen

LET US LOVE ONE ANOTHER

July 26, 2015

Rev. Maria Borrero

God is love, eternal love. The entire nature of Divine Spirit is love. Therefore love lives within all. "If we love one another, God dwelleth in us and his love is perfected in us." I John 4:16
When we become the instrument for God's love, not only does it lift the consciousness of the loved one to whom we show love and give love, but it also lifts our consciousness higher and higher.

To love a perfect stranger is to have understanding that God is within all. We are showing love to our Divine Father when we can express acts of love toward all his children. When we give love, we receive love in return. "Beloved, let us love one another." 1 John 4-7. And so it is, Amen.