

MARCH 2019 MEDITATIONS FROM SUNDAY LESSONS

YE ARE WHOLE

Mr. Wayne Gatewood

March 3, 2019

These days we are bombarded with tons of commercials and ads, all directed at the human condition. We are informed of this or that health threat, of how our aging bodies need this or that product to make us whole again; we are the targets of the cosmetic industry, plastic surgeons, weight watcher programs, the prescription drug, medical and insurance industries, of the dating and relationship industry, and even those organizations selling God and guaranteed happiness. Yes, there are products and services that allow us to live in this world more comfortably, and those that are in fact necessary. However, many of the entities selling certain products and services consciously target those with low self-esteem, those that are fearful and lonely, and those that feel “less than.”

Beware also of those about you, including family and so-called friends, that tell you that you need to be something better, something other than what you are, that you are lacking, not pretty enough, not this or that. Let us beware of the world of effect my friends and of its empty calling...don't believe for one moment that you are not good enough, you are not young enough, you are not healthy enough. Know that you are a beautiful and perfect Spiritual Being, made in the image and likeness of your Father; you are whole and complete in Him at all times....now and eternally.

“Forsake the foolish and live; and go in the way of understanding. Proverbs 9:6”

DEMANDS OF THE SPIRIT

Rev. Janet Friedline

March 10, 2019

Life appears in a variety of ways. We consider its numerous forms of expression, some to our liking, others not so much. Some things we simply dismiss, having no interest to pursue them at all. Others get our attention, but only as a passing fancy. And then there are those things that touch us in a particular way, demanding our focus and consideration. These are the ones that we value and cherish. They have stirred us in an inward way, going beyond explanation and reasoning.

We have also noticed that what we choose to live and experience, also brings demands and expectations. Contained in all forms of life are attributes and qualities that are compatible with the nature assigned to the form. And we are asked to live, and act from that basis. To call us the child of God, demands that we live as a child of God. To call us the Self of spiritual being, we must identify with that Self. Spiritual integrity dictates the way; our role is to listen and obey.

WHAT DO YOU WANT

Rev. Donna Gatewood

March 17, 2019

So many of us go through our lives wanting this thing or another and we never get it. Inevitably, we end up saying “Oh, well, I really didn't expect to get it.” In Proverbs it is written: “As a man thinketh in his heart so is he.” This statement totally explains why we are demonstrating what we are in the world. The sum total of our beliefs in our consciousness. We are what we are, and we have what we have, and we do what we do according to our awareness of life.

Our physical body, our relationships at home, our business affairs—everything is the embodiment of our beliefs. Like attracts like. We cannot complain nor can we grumble about our lives because we are expressing exactly what we are. We are expressing the consciousness which we are. Within each of us is the Source of all

things. Within each of us is our own doctor, lawyer, and banker. Within each of us is our health, happiness and personal fulfillment.

“It is the Father’s good pleasure to give you the kingdom.” He is giving it to us daily. “I will give you the keys of the kingdom of heaven and whatsoever ye shall bind on earth shall be bound in heaven.” As within, so without. As in mind, so in manifestation.

GRATITUDE

Mr. Wayne M. Gatewood

March 24, 2019

There are folks that never seem to be grateful with what they have in life. They complain that they don’t have a new car; especially a new luxury automobile. They complain about their jobs, the people they work with, and the hours they must work. They complain about all kinds of seeming lack, and they wonder why they don’t have more of this and that. Unfortunately, these people don’t realize the untold blessings that are already theirs...in and of their Being in GOD. They are of the material mind, and look at their glasses as half empty rather than half full...never satisfied.

However, once they come to realize that they are of GOD and totally complete in all ways, their attitudes echo thankfulness and much gratitude. They realize that in the Father they have all they need, that material things are no longer primary, and that they are fully abundant in all things at all times. The author Alan Cohen writes: *“Gratitude, like faith, is a muscle. The more you use it, the stronger it grows, and the more power you have to use it on your behalf. If you do not practice gratefulness, its benefaction will go unnoticed, and your capacity to draw on its gifts will be diminished. To be grateful is to find blessings in everything. This is the most powerful attitude to adopt, for there are blessings in everything.”* *“Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God.” 2 Corinthians 9:11*