

MEDITATIONS FROM JANUARY 2016 SUNDAY BULLETINS

ARE YOU READY FOR A TRUE LIFE?

January 3, 2016

Rev. Maria Borrero

The life we have is of God. Only God eternal could create a life that lives on forever. Psalms 66:8, 9 says: "O bless our God, ye people...which holdeth our soul in life and suffereth not our feet to be moved." Life is of God and is therefore eternal. We all have life eternal right now, even though we may not be consciously aware of this truth.

A sound heart is the life of the flesh. Prov.14:30. We have eternal life because life is of God which lives on forever. Our flesh will die but we live in Christ. The Christ is the resurrection and the life. As the father hath life in himself; so hath he given it to the son to have life in himself. The key is to have faith in the eternal Father and know that all belong to our eternal Father. And so it is. Amen.

A NEW BOTTLE

January 10, 2016

Rev. Janet Friedline

We have recently turned the calendar and discovered a new year. Now, a new year is a special time, and it comes with great promise. We look over the past year and we judge it. We are not always pleased with what we have done, or perhaps it is what we have not done that disturbs us. Different decisions could have been made, but would the outcome have been any different? How can we know for sure? Since we are not guaranteed a particular result, perhaps we should just do what we can and hope for the best.

The Bible tells us that we were given dominion. We were given dominion over our thoughts, our actions and our deeds. Dominion is given and accepted in consciousness. As we enter this new time, let us empty us of last year's awareness. Release the concepts and ideas that belong to yester-year; just let them go. Become the empty vessel, ready to be filled with today's manna, today's message, guidance and direction. It is a new time, let us be one with it.

I AM WHAT'S HAPPENING

January 17, 2016

Rev. Donna Gatewood

Today's material based society says, "You are what you eat." It believes that you put into your mouth and digest in your stomach is what you are. However, we know it is not what goes into the mouth that defines us; but rather, it is that which comes out of the mouth by way of the heart that sets our path on the journey of life. It has been said, "Thought in the mind has made us; what we are by thought was wrought and built. If my mind hath evil thoughts, pain comes on me as comes the wheel of the ox behind...If I endure in purity of thought, joy follows me as my own shadow---sure."

Our Father has not given us the spirit of fear. He has endowed us with His Power, His Love and His Sound Mind. We have a choice. We can let our minds think of those things that are of this world or we can think on those things that are true, honest, just, lovely and pure.

One way of thinking leads to lack—lack of health, companionship, and peace of mind; the other will lift your consciousness and bring you an abundance of all that is good. Let us not be conformed to this world, but let us be transformed by the renewing of our minds.

ARE YOU LOOKING FOR YOUR TRUE SELF?

January 24, 2016

Rev. Maria Borrero

"Henceforth I call you not servants; for the servant knoweth not what his Lord doeth: but I have called you friends; for all things that I have heard of my Father I have made known unto you." John 15:15. Jesus came to show us the way back to the Father's Kingdom. He gave us commandments to follow. We must remember that Jesus was an instrument for God to be known out here in the world. Being acknowledged by Jesus in such a way means that if we follow his lead and do the spiritual work, not only will we find our true self but we will live our true self. For once we have the experiences that Jesus had we will not turn back.

We must be dedicated to our studies and especially our daily practice of being still, open and with a loving heart sit still and listen quietly, never asking for anything. For it is our loving Father's desire to give us every good of his Kingdom. John 15:16 says: "Ye have not chosen me, but I have chosen you, and ordained you, that ye should go and bring forth fruit and that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you." Amen

HOW OLD ARE YOU?

January 31, 2016

Rev. Janet Friedline

Human beings concern themselves with age. We assign certain traits and characteristics to a particular age and then judge us accordingly. When we do this, we find us either too young or too old. There are times when we feel inadequate or not up to the task. At other times, we feel over-qualified, beyond what is required at the moment. We find us in a state of coming or going, not really fitting in. We are not happy with where we find us, and we do not know what to do about it.

Let us not judge according to the calendar. No time is more special than another. Each brings its particular expression and it is up to us what we do with it. In reality, we are ageless and timeless. When we know us in this way, life ceases to be a mystery. Age will not be found in eternal life, and that is the one we are living. Life expresses in the moment, and it is the only one we have. All we are asked to do is to live it. Let us do so.