

## **MEDITATIONS FROM APRIL 2018 SUNDAY BULLETINS**

### **EASTER**

April 1, 2018

Rev. Janet Friedline

Due to special Holiday bulletin, there was no back page meditation.

### **WHAT DO WE HAVE?**

April 8, 2018

Rev. Janet Friedline

As human beings, we tend to judge us according to our possessions, our occupation and the number of individuals we consider friends and acquaintances. We are concerned about how well we are doing, and we look to these things as a measure of our success. And yet, these are not really an accurate standard for us to reflect on. The things, which belong to the world, come and they go. What we have today, may be gone tomorrow and we find us wondering what really matters.

As we travel through life, our idea of “what matters,” changes. What we consider our “treasure” may not be a person, place or thing. We have discovered that what matters is our view of life. The possessions we wish to accumulate are of the inner nature – peace, joy, harmony and love. To be content in one’s Self, is the true standard of being. When we have reached this understanding, we can say “all is well with my Soul,” and no one can take it from us.

### **RIGHT WHERE YOU ARE SUPPOSED TO BE**

April 15, 2018

Rev. Donna Gatewood

Do you often ask yourself questions like: “Why is this happening to me?” “Why am I stuck in this job, this relationship, or this situation?” “Why can’t my life be better?” The answer is a very simple one. You are right where you are supposed to be. You are in the job, relationship, or situation you are in by right of consciousness and there are lessons to learn and to teach in each of these instances.

We live with a dual vision of seeing the ideal person that we are becoming and seeing the limitations we are currently expressing and experiencing. Remember Jesus prayed not that His disciples be taken out of this world but that they be protected from the consequences of their spiritual ignorance. He knew that their “world” was an element necessary for their growth, just as the soil is ready for the growth of the seed.

The place on which you stand, the job, the relationship and the situations you find yourself in, is the holy ground on which you stand. Learn from your challenges; for the purpose of every challenge is to teach you who you are in truth.

“...You will know the truth and the truth will make you free.”

John 8:32

## **REFLECTING THE LIGHT**

April 22, 2018

Rev. Donna Gatewood

We live in a world of darkness, but there is a Great Light that shines on and lives in this world for each one of us to experience. This Great Light is the Christ; it indwells us and is ever waiting patiently for us to leave the shadow of darkness and embrace it full on.

What keeps us in the darkness when the Light is right where we are, day in and day out? It is the belief in a power other than the One Power, God, a belief that keeps us bound to the shadows of life. It is the belief that our material possessions, our professions, and our personalities are powerful and enriching. In truth, these earthly things are our false gods; they keep us from experiencing Life in its fullness.

Let us apply the truth we know. Let us reach beyond the appearances which bind us to the earth. Let us reach for the Light. For in the Light of Christ we experience all of what we are. We are filled with the Light of Peace, Love, Joy, Wisdom, Knowledge, Understanding, and Wholeness.

“You are the light of the world. Let your light shine before others.”  
Matthew 5:14-16

## **BE NOT AFRAID**

April 29, 2018

Rev. Janet Friedline

It has been said that fear and anger are the most destructive emotions of all. They rob us of our joy of life, keeping us confined in a space of limitation and restriction. They keep us stuck, unable to move, feeling unhappy and dejected. But who places us in this condition? Who decides to view life from a place of darkness? It is us who does these things, and it is us who can escape them. It is the human concept that accepts the lesser idea of life. We are not of this world. Let us not take on its condition.

It is the eternal Self, Christ, who lifts us out of the place of darkness. The message is: “I restore and renew, be not afraid, I am here. ” When we place our trust in the eternal Self, the world loses its grip on us. We are free to move about in the awareness that God is, and there is none else. Joy springs forth as the essence of our being, placing us in the stream of life that never runs dry. Lift up thine eyes unto the hills from whence cometh thy help, and be at peace.